

Gather your healthy options.



Start your semester off RIGHT with eating healthy food options.

Look for the Healthy Harvest Logo in both the Orleans Room and in The Market for healthy options.

Also, minimize your carbon footprint by choosing a healthy side, beverage and snack!

A low carbon diet is about making lifestyle choices which reduce greenhouse gas emissions resulting from energy use. We all need food to keep our bodies nourished and working as they should, so a low carbon diet is a great way to make conscious choices that make a difference. Though there are no solid numbers, there are estimates that the U.S. food system is responsible for at least 20 percent of U.S. greenhouse gases.



Health Harvest

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